

# 2024 Valley Conference Girls

May 14, 2024 - Lake Crystal Wellcome Memorial - Lake Crystal, MN

- 1. LCWM-Nicollet 148
- 2. Loyola-Cleveland 87
- 3. St. Clair/Immanuel Lutheran 66
- 4. Madelia/T/GHEC/ML 37
- 5. MCW/BO 36

## Girls Varsity 100 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Londyn Bowers M/T/GHEC/ML 13.41a
- 2 Katelin Flack LCWM-Nicollet 13.73a
- 3 Ava Thate Martin County West/Butt 13.83a
- 4 Charis Hunt-Kietzer LCWM-Nicollet 13.91a
- 5 Carla Moreno M/T/GHEC/ML 14.02a
- 6 Kenna Forster Mankato Loyola-Cleveland 14.03a
- 7 Cloe Busse St. Clair/Immanuel Luth 14.11a
- 8 Avery Sanders Martin County West/Butt 14.24a

## Girls Varsity 100 Meters Prelims

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Athlete Yr Team Mark Wind

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- 1 Londyn Bowers M/T/GHEC/ML 13.59a
- 2 Katelin Flack LCWM-Nicollet 13.60a
- 3 Charis Hunt-Kietzer LCWM-Nicollet 13.88a
- 5 Avery Sanders Martin County West/Butt 13.91a
- 4 Ava Thate Martin County West/Butt 13.95a
- 6 Carla Moreno M/T/GHEC/ML 14.08a
- 7 Kenna Forster Mankato Loyola-Cleveland 14.15a
- 8 Cloe Busse St. Clair/Immanuel Luth 14.16a
- 9 Ashley Mills St. Clair/Immanuel Luth 14.21a
- 10 Maddie Cooney Mankato Loyola-Cleveland 14.32a
- 11 Paityn St Peter St. Clair/Immanuel Luth 14.40a
- 12 Sophie Solheid Martin County West/Butt 14.53a
- 13 Gabby Bemmels Mankato Loyola-Cleveland 14.91a
- 14 Jocelyn Wills LCWM-Nicollet 15.48a
- 15 Ashley Garcia M/T/GHEC/ML 16.27a

## Girls Varsity 200 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Ava Hahn Mankato Loyola-Cleveland 27.07a
- 2 Londyn Bowers M/T/GHEC/ML 27.43a
- 3 Brooke Hagen St. Clair/Immanuel Luth 28.18a
- 4 Maggie Graupman LCWM-Nicollet 28.28a
- 5 Janessa Carstensen St. Clair/Immanuel Luth 28.65a
- 6 Brooklin Hinze St. Clair/Immanuel Luth 28.70a
- 7 Ellie Bergemann LCWM-Nicollet 29.30a
- 8 Avery Sanders Martin County West/Butt 29.77a

## Girls Varsity 200 Meters Prelims

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Athlete Yr Team Mark Wind

- =====
- 1 Londyn Bowers M/T/GHEC/ML 27.51a
  - 2 Ava Hahn Mankato Loyola-Cleveland 27.56a
  - 3 Brooklin Hinze St. Clair/Immanuel Luth 28.42a
  - 5 Janessa Carstensen St. Clair/Immanuel Luth 28.53a
  - 6 Brooke Hagen St. Clair/Immanuel Luth 28.57a
  - 4 Maggie Graupman LCWM-Nicollet 28.80a
  - 7 Avery Sanders Martin County West/Butt 29.03a
  - 8 Ellie Bergemann LCWM-Nicollet 29.15a
  - 9 Carla Moreno M/T/GHEC/ML 29.23a
  - 10 Morgan Dimmel Mankato Loyola-Cleveland 29.84a
  - 11 Ireland Sargent LCWM-Nicollet 30.82a
  - 12 Mylie Krenik Mankato Loyola-Cleveland 31.31a
  - 13 Tayavia Maokhamphio Martin County West/Butt 34.71a
  - 14 Peyton Bryant Martin County West/Butt 34.75a
  - 15 Ashley Garcia M/T/GHEC/ML 35.53a

## Girls Varsity 400 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Savannah Meyer Mankato Loyola-Cleveland 65.49a
- 2 Kayla Mattson M/T/GHEC/ML 65.75a
- 3 Aryah Zuehlke Mankato Loyola-Cleveland 66.52a
- 4 Lila Quast St. Clair/Immanuel Luth 67.01a
- 5 Katelin Flack LCWM-Nicollet 67.55a
- 6 Ellie Bergemann LCWM-Nicollet 68.72a
- 7 Paige Daly St. Clair/Immanuel Luth 68.77a
- 8 Chevelle Lorentz LCWM-Nicollet 72.17a
- 9 Jordyn Mariner St. Clair/Immanuel Luth 73.55a
- 10 Charlotte Maxfield Mankato Loyola-Cleveland 76.04a
- 11 Analeigh Cruz M/T/GHEC/ML 1:20.34a
- 12 Peyton Bryant Martin County West/Butt 1:32.48a
- 13 Jakelynn Tema Martin County West/Butt 1:36.67a

## Girls Varsity 800 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Jaci Jordan LCWM-Nicollet 2:33.40a
- 2 Izzy Endres Mankato Loyola-Cleveland 2:34.93a
- 3 Niko Eskildsen Larsen LCWM-Nicollet 2:35.35a
- 4 Katie Hartke Martin County West/Butt 2:37.15a
- 5 Chloe Sargent LCWM-Nicollet 2:39.57a
- 6 Lily Phillips Mankato Loyola-Cleveland 2:42.37a
- 7 Kate Daly St. Clair/Immanuel Luth 2:47.43a
- 8 Abigail Ward St. Clair/Immanuel Luth 2:52.97a
- 9 Teya Waagner Mankato Loyola-Cleveland 2:54.98a
- 10 Maddison Lyon Martin County West/Butt 3:12.37a
- 11 Madelyn Bailey St. Clair/Immanuel Luth 3:15.92a
- 12 Analeigh Cruz M/T/GHEC/ML 3:16.07a

## Girls Varsity 1600 Meters Finals

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Athlete Yr Team Mark Wind

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- 1 Charlotte Meyer Mankato Loyola-Cleveland 5:24.07a
- 2 Jaci Jordan LCWM-Nicollet 5:45.74a
- 3 Evie Jones LCWM-Nicollet 5:47.01a
- 4 Cora Johannes LCWM-Nicollet 6:19.09a
- 5 Evelyn Christenson Martin County West/Butt 6:23.30a
- 6 Lily Mock Mankato Loyola-Cleveland 6:26.48a
- 7 Stephanie Cink St. Clair/Immanuel Luth 6:38.25a
- 8 Bryleigh Arkell M/T/GHEC/ML 6:39.28a
- 9 Ryliegh Prange Mankato Loyola-Cleveland 7:26.96a

Girls Varsity 3200 Meters Finals

- =====
- Athlete Yr Team Mark Wind
- =====
- 1 Evie Jones LCWM-Nicollet 12:35.73a
  - 2 Gisele McCabe Mankato Loyola-Cleveland 13:33.88a
  - 3 Molly Koester Mankato Loyola-Cleveland 14:02.29a
  - 4 Cora Johannes LCWM-Nicollet 14:24.78a
  - 5 Lohoney Powell LCWM-Nicollet 14:59.09a
  - 6 Katelynn Kennedy Martin County West/Butt 15:10.83a
- Hannah Coudron Mankato Loyola-Cleveland DNF

Girls Varsity 100m Hurdles Finals

- =====
- Athlete Yr Team Mark Wind
- =====
- 1 Maddie Huiras Mankato Loyola-Cleveland 16.84a
  - 2 Savannah Klockziem LCWM-Nicollet 17.71a
  - 3 Lauren Smit LCWM-Nicollet 18.63a
  - 4 Ava Thate Martin County West/Butt 18.83a
  - 5 Ari Brundieck LCWM-Nicollet 20.71a
  - 6 Caitlin Murphy St. Clair/Immanuel Luth 20.74a

Girls Varsity 300m Hurdles Finals

- =====
- Athlete Yr Team Mark Wind
- =====
- 1 Maddie Huiras Mankato Loyola-Cleveland 48.13a
  - 2 Savannah Klockziem LCWM-Nicollet 49.29a
  - 3 Lauren Smit LCWM-Nicollet 53.18a
  - 4 Ari Brundieck LCWM-Nicollet 56.28a
  - 5 Cloe Busse St. Clair/Immanuel Luth 57.38a
  - 6 Caitlin Murphy St. Clair/Immanuel Luth 62.18a

Girls Varsity 4x100m Relay Finals

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- Team Time
- =====
- 1 St. Clair/Immanuel Lutheran 54.72a
  - 1) Brooke Hagen 2) Ashley Mills
  - 3) Janessa Carstensen 4) Brooklin Hinze
  - 2 Mankato Loyola-Cleveland 56.65a
  - 1) Ava Hahn 2) Gabby Bemmels
  - 3) Mylie Krenik 4) Maddie Cooney
  - 3 LCWM-Nicollet 57.09a
  - 1) Kyleigh Schultz 2) Charis Hunt-Kietzer
  - 3) Jocelyn Wills 4) Ireland Sargent
  - 4 Martin County West/Butterfield-Oden 65.04a

- 1) Peyton Bryant 2) Tayavia Maokhamphio
- 3) Kylan Anderson 4) Kimberly Thomas

Girls Varsity 4x200m Relay Finals

- =====
- Team Time
- =====
- 1 St. Clair/Immanuel Lutheran 1:52.81a
  - 1) Brooke Hagen 2) Ashley Mills
  - 3) Janessa Carstensen 4) Brooklin Hinze
  - 2 LCWM-Nicollet 1:55.63a
  - 1) Katelin Flack 2) Lauren Smit
  - 3) Ellie Bergemann 4) Maggie Graupman
  - 3 M/T/GHEC/ML 1:56.27a
  - 1) Kayla Mattson 2) Carla Moreno
  - 3) Olivia Mattson 4) Londyn Bowers
  - 4 Martin County West/Butterfield-Oden 1:59.75a
  - 1) Sophie Solheid 2) Avery Sanders
  - 3) Katie Hartke 4) Ava Thate
  - 5 Mankato Loyola-Cleveland 2:03.95a
  - 1) Charlotte Maxfield 2) Kenna Forster
  - 3) Morgan Dimmel 4) Aryah Zuehlke

Girls Varsity 4x400m Relay Finals

- =====
- Team Time
- =====
- 1 Mankato Loyola-Cleveland 4:20.61a
  - 1) Maddie Huiras 2) Savannah Meyer
  - 3) Maddie Cooney 4) Ava Hahn
  - 2 LCWM-Nicollet 4:21.54a
  - 1) Savannah Klockziem 2) Chloe Sargent
  - 3) Niko Eskildsen Larsen 4) Maggie Graupman
  - 3 St. Clair/Immanuel Lutheran 4:42.00a
  - 1) Kate Daly 2) Paige Daly
  - 3) Jordyn Mariner 4) Lila Quast
  - 4 Martin County West/Butterfield-Oden 5:33.96a
  - 1) Maddison Lyon 2) Katelynn Kennedy
  - 3) Kimberly Thomas 4) Evelyn Christenson

Girls Varsity 4x800m Relay Finals

- =====
- Team Time
- =====
- 1 Mankato Loyola-Cleveland 10:23.53a
  - 1) Izzy Endres 2) Lily Phillips
  - 3) Charlotte Meyer 4) Savannah Meyer
  - 2 LCWM-Nicollet 11:15.65a
  - 1) Niko Eskildsen Larsen 2) Emma Sodeman
  - 3) Sophie Nachreiner 4) Chloe Sargent
  - 3 Martin County West/Butterfield-Oden 11:46.28a
  - 1) Maddison Lyon 2) Katelynn Kennedy
  - 3) Evelyn Christenson 4) Katie Hartke
  - 4 St. Clair/Immanuel Lutheran 12:47.37a
  - 1) Madelyn Bailey 2) Isabelle Grekoff
  - 3) Abigail Ward 4) Sophie Rollenhagen

Girls Varsity Shot Put Finals

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Athlete Yr Team Mark  
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- 1 Willow Casey LCWM-Nicollet 31-5.50
- 2 Morgan Roemhildt St. Clair/Immanuel Luthe 30-7.25
- 3 Mylee Larson Martin County West/Butte 29-4
- 4 Bergan Loeffler St. Clair/Immanuel Luthe 29-3.50
- 5 Ryelynn Forsberg Martin County West/Butte 28-9.25
- 6 Rebeka Busch St. Clair/Immanuel Luthe 28-6
- 7 Lysie Salic M/T/GHEC/ML 28-4.25
- 8 Morgan Klinkner LCWM-Nicollet 27-10.50
- 9 Allison Jandera Mankato Loyola-Cleveland 24-6.50
- 10 Addison Sill M/T/GHEC/ML 24-2.50
- 11 Ashlyn Klinkner LCWM-Nicollet 24-1
- 12 Sophia Peterson Martin County West/Butte 23-9.75
- 13 Natalie Jandera Mankato Loyola-Cleveland 23-8.25
- 14 Sawyer Ettesvold Mankato Loyola-Cleveland 21-0

Girls Varsity Discus Finals

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Athlete Yr Team Mark  
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- 1 Katelin Flack LCWM-Nicollet 118-1
- 2 Ryelynn Forsberg Martin County West/Butte 92-10
- 3 Lysie Salic M/T/GHEC/ML 92-10
- 4 Mylee Larson Martin County West/Butte 88-7
- 5 Rebeka Busch St. Clair/Immanuel Luthe 87-8
- 6 Addison Sill M/T/GHEC/ML 85-0
- 7 Morgan Roemhildt St. Clair/Immanuel Luthe 84-5
- 8 Morgan Klinkner LCWM-Nicollet 81-2
- 9 Bergan Loeffler St. Clair/Immanuel Luthe 72-2
- 10 Ashlyn Klinkner LCWM-Nicollet 70-3
- 11 Sawyer Ettesvold Mankato Loyola-Cleveland 65-7
- 12 Allison Jandera Mankato Loyola-Cleveland 63-4
- 13 Natalie Jandera Mankato Loyola-Cleveland 55-1
- Sophia Peterson Martin County West/Butte ND

Girls Varsity High Jump Finals

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Athlete Yr Team Mark Wind  
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- 1 Kate Daly St. Clair/Immanuel Luthe 5-3
- 2 Alyssa Greenough LCWM-Nicollet 4-10
- 3 Ava Thate Martin County West/Butte 4-6
- 4 Grace Sandmeyer LCWM-Nicollet 4-2
- 5 Olivia Mattson M/T/GHEC/ML 4-2
- 6 Reese Palmer LCWM-Nicollet 4-2
- 7 Ashley Mills St. Clair/Immanuel Luthe 4-0
- Stephanie Cink St. Clair/Immanuel Luthe NH

Girls Varsity Pole Vault Finals

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Athlete Yr Team Mark Wind  
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- 1 Kate Daly St. Clair/Immanuel Luthe 8-6
- 2 Alyssa Greenough LCWM-Nicollet 8-0
- 3 Kyleigh Schultz LCWM-Nicollet 7-6
- 4 Paige Daly St. Clair/Immanuel Luthe 6-6

- 4 Madelyn Bailey St. Clair/Immanuel Luthe 6-6
- 6 Jocelyn Wills LCWM-Nicollet 6-0

Girls Varsity Long Jump Finals

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Athlete Yr Team Mark Wind  
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- 1 Grace Sandmeyer LCWM-Nicollet 15-3.50
- 2 Savannah Klockziem LCWM-Nicollet 15-0
- 3 Brooklin Hinze St. Clair/Immanuel Luthe 14-10
- 4 Janessa Carstensen St. Clair/Immanuel Luthe 14-7
- 5 Layla Johnson M/T/GHEC/ML 13-10.50
- 6 Paityn St Peter St. Clair/Immanuel Luthe 13-8
- 7 Jocelyn Wills LCWM-Nicollet 13-4
- 8 Gabby Bemmels Mankato Loyola-Cleveland 13-0
- 9 Tayavia Maokhamphio Martin County West/Butte 11-5.50
- Ainsley Groenwald M/T/GHEC/ML SCR
- Kristen Biebighauser Mankato Loyola-Cleveland SCR
- Ava Hahn Mankato Loyola-Cleveland SCR

Girls Varsity Triple Jump Finals

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Athlete Yr Team Mark Wind  
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- 1 Maggie Graupman LCWM-Nicollet 31-7.50
- 2 Layla Johnson M/T/GHEC/ML 30-5.50
- 3 Emma Kortuem Mankato Loyola-Cleveland 29-4
- 4 Lila Quast St. Clair/Immanuel Luthe 28-3.25
- 5 Morgan Dimmel Mankato Loyola-Cleveland 28-1
- 6 Reese Palmer LCWM-Nicollet 26-4
- 7 Mia Lambrecht LCWM-Nicollet 25-6.50
- 8 Abigail Ward St. Clair/Immanuel Luthe 24-2